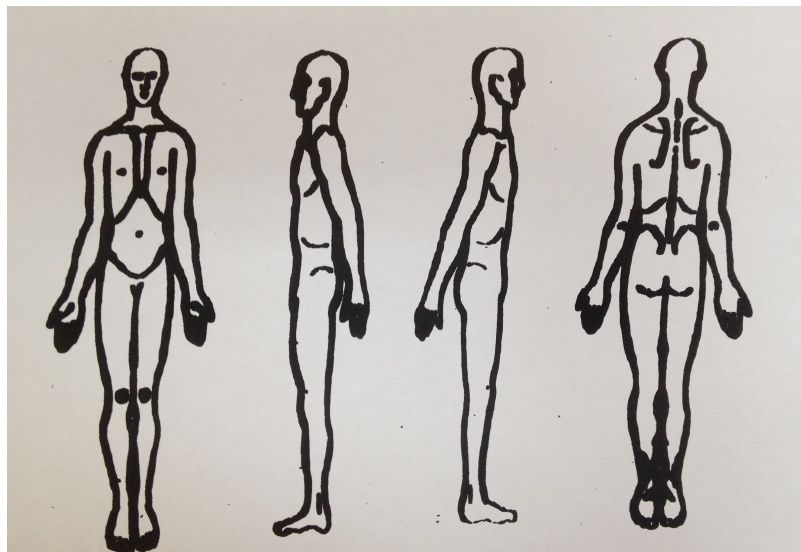


NAME: \_\_\_\_\_

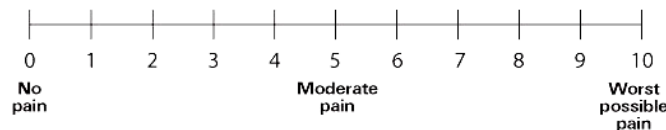
DATE: \_\_\_\_\_

Circle ALL problem areas on the body pictures.



Please mark on the scale below your pain intensity.

**0-10 Numeric Pain Intensity Scale \***



Is this related to accident: \_\_\_\_ Yes \_\_\_\_ No

If yes, list details & date:

1. Why are you here? Chief complaint(s):

2. Current Level of Function. Describe any functional limitations/impairments that affect your daily life?

Examples: Can't sit longer than \_\_\_\_\_ minutes or \_\_\_\_\_ hours

Can't stand longer than \_\_\_\_\_ minutes or \_\_\_\_\_ hours

Can't walk longer than \_\_\_\_\_ minutes or \_\_\_\_\_ hours

Walking outdoors \_\_\_\_\_

Can't sleep longer than \_\_\_\_\_ minutes or \_\_\_\_\_ hours

Balance abilities/deficits \_\_\_\_\_

Bending/Stooping \_\_\_\_\_

Lifting \_\_\_\_\_

Bed mobility/transfers \_\_\_\_\_

Laying flat \_\_\_\_\_

Ambulation \_\_\_\_\_

Stair/Steps climbing \_\_\_\_\_

Transfers (to auto/commode/chair) \_\_\_\_\_

Moving (lying to sitting/sit to stand/rolling over) \_\_\_\_\_

Driving/Neck rotation \_\_\_\_\_

Household chores/cooking/cleaning/laundry \_\_\_\_\_

Pushing or Pulling \_\_\_\_\_

Carrying \_\_\_\_\_

Abdominal issues: \_\_\_\_\_

Bathing/Grooming \_\_\_\_\_

Dressing \_\_\_\_\_

Other \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Prior Level of Function. What were you able to do that you cannot do now or it is done with difficulty?

- 4: Onset of complaint or how long have you had these symptoms?
5. What are your goals? What are you trying to accomplish?
6. Any Previous Physical Therapy: \_\_\_\_ Yes \_\_\_\_ No  
If Yes, approximate number of visits: \_\_\_\_ approx. dates: \_\_\_\_\_ for what diagnosis \_\_\_\_\_
7. Medical history – Surgeries with Date:
8. Medical history – Other conditions/diseases with date of diagnosis:
9. Females - List each birth by date and if vaginal or C-Section:
10. Current prescription, supplements and over-the-counter medications. List what each medication is for.
11. Major car accidents or broken bones with date of occurrence:
12. What treatment has been done by physician for this condition? (Surgery/medication changes/ therapy, etc.)
13. Relevant diagnostic tests & results
14. Do you use any assistive device? (walker/cane/brace)
15. Currently, where do you live? (your own home, with family member, assisted living facility)
16. Currently, who do you live with or do you live alone?
17. Any other information we should be aware of?